# Tirimoana School Newsletter

34 Kokiri Street, Te Atatu South, Waitakere, 0610 (09) 838 9737 office@tirimoana.school.nz

Thursday 12 May 2022

# This week's PB4L Focus: Respect "Using our Manners"

Classes this week have been discussing the importance of using manners. Thinking about others needs, speaking respectfully, asking politely and showing consideration when playing, especially while other classes are learning. We believe these are good habits to learn. At home you can help support these values by praising your child whenever you catch them using good manners.



# He aha te aha? What's on top? - with Mr Kaiser.

# **Preparing for Winter**



Winter will soon be here. During the winter months, children are more likely to experience colds and other viruses. Public Health has advised school principals that we may experience more sickness than normal this year because children's immunity and resilience is lower as an outcome of lockdowns over the last two winters.

We advise parents to:

- keep your children home when they have any symptoms of a cold or flu
- wear a warm school polar fleece and a school beanie on cold days
- wear good shoes to keep your feet warm
- eat healthy food and get lots of sleep early to bed on school nights
- keep up with regular vaccinations
- remember to cough or sneeze into your elbow and wash your hands regularly
- have a raincoat or umbrella for wet days



We also know that following the recent school holidays, Auckland has seen a spike increase in COVID cases in the community. We advise you to continue to monitor your child's wellbeing and use masks when out and about in busy places. Vaccination is another option to keep you and your family safe.

#### Peter Kaiser



# Teacher Only Day - Important date to know.

Primary and intermediate schools in our area have a planned Teacher Only Day on Tuesday 7 June (day after Queen's Birthday weekend). On this day our staff will be involved in professional learning so school will not be open for instruction. Please make arrangements for your children on this day.



# Kia ora and Welcome to Tirimoana School



Year 1:				
Maddox Covich	Rihana Uddin	Sobhan Uddin	Year 2	Jeremy Samuel

#### **Percussion Music Groups**

We are excited to have Izak Kennedy join us on Wednesday's to run percussion, drumming and band lessons. Check on some of the videos below to see what they have been doing!



(click on the photo)

# Wellness Wednesday

On Wednesday 18th May we will be having a Pink shirt/accessory day in support of Bullying-free New Zealand Week.

If your child would like to be involved, please encourage them to wear something pink to school on Wednesday. Ideas include:

- a pink headband
- pink socks
- a pink jumper
- a pink t-shirt
- pink shoes

A gold coin donation is requested with all money donated to a charity that supports anti-bullying and wellness.



A reminder that under New Zealand law:

- All children under seven years of age must use an approved child restraint appropriate for their age and size.
- Children aged seven must be secured in a restraint if one is available in the vehicle.
- Best practice is to keep a child in a booster seat until they reach 148cm tall.
- Seatbelts must be worn by all other passengers in a vehicle if they are available.





We are seeing too many children and adults not appropriately restrained in cars and vehicles when coming to and from school. Drivers have a responsibility to ensure this law is upheld.

For more information on how to safely use child restraints and to find your local Child Restraint Technician, visit the following websites:

www.nzta.govt.nz/childrestraints

www.plunket.org.nz www.safekids.org.nz

With the change in weather, we typically experience our school entrances becoming more congested with cars. To ensure the safety of all of the children and adults, please do not stop on yellow lines, over driveways or on footpaths. Please do not drive into the school. Please park away from the school and walk to meet your child.

We regularly have visits from Auckland Transport and The New Zealand Police to monitor safe driver behaviour at our school gates.

#### Please remind your children about stranger danger

On Wednesday 11 May, a primary aged child from a neighbouring school was approached by a stranger who tried to entice them into their vehicle. Please talk to your child about how to respond if they are approached by a stranger when they are not with you or a known adult. It is a timely reminder to ensure your child has a plan for how they get to and from school safely if walking or biking independently.

**Lunch Orders: Thursday and Fridays** 



# **Lunchonline Lunches at Tirimoana**

Zekis Café every Thursday from 5<sup>th</sup> May Sushi every Friday from 6<sup>th</sup> May

It's simple; all you need to do is register at

www.lunchonline.co.nz

and follow 4 easy steps to get started

- 1. Register an account
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- 4. Select the amount you want and place an order

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Phone 0800 565 565

info@lunchonline.co.nz







#### Before School Care - Places available

Fun After Three has places available for before school care. **Mornings:** 7 am- 8.30 am. Breakfast provided.

Contact Tracey Simonsen on 027 249 2428 or email <a href="mailto:funafter3@gmail.com">funafter3@gmail.com</a>

# Fun After Three- Staff required -Position available



We are looking for new staff to join our great team, to work either mornings or afternoons school days. We do not operate over the school holidays. If you are a parent or a University student and want part time work, please phone Tracey on 027 249 2428







A safe place to journey towards wellbeing

He moana pukepuke e ekengia te waka - A choppy sea can be navigated

Counselling available online or face-to-face in Te Atatu Peninsula. Nicola Hubble, a former teacher/school leader, SENCO, counsels clients and families of all ages. Subsidies may be available through WINZ, Gumboot Friday and other providers.

She says, "I offer a non-judgemental and affirming space where clients and families are encouraged to discover their own hidden strengths, a pathway to wellbeing and hope for the future. Client choice, empowerment, and valuing culture and uniqueness, are important aspects of my work. I use a range of approaches including Person-Centred, Strengths Based, Cognitive Behaviour Therapy, Narrative and Systemic Family Practices."

If you/someone you know is in need of a counsellor, please contact her to find out more.

Nicola Hubble, Registered Counsellor Phone/Text: 022 091 2101

Email: nicola@discoverycounselling.co.nz Website: discoverycounselling.co.nz



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To enrol please go online: www.carpediemkids.co.nz P: 0800 CD KIDS / 0800 23 5437 E: info@carpediemkids.co.nz

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